



The College of The Holy Spirit

College Street

Millport

Isle of Cumbrae KA28 0HE

Tel: 01475-530353

FAX: 01475-531291

Email: [cathedral\\_cumbrae@btconnect.com](mailto:cathedral_cumbrae@btconnect.com)

Web: [www.island-retreats.org](http://www.island-retreats.org)

## **Come on a Retreat!** **Monday 16 to Friday 20 July 2012**

Join a retreat on the Isle of Cumbrae in the stunning setting of The Cathedral of The Isles. Come as an individual, a couple or a small group and be part of this retreat led by the Warden. Adjust your pace of life to a few days of saying Daily Office, Midday Eucharist, a daily devotional address, lots of time for reflection and recreation and good home-cooking.

Arrive in time for evening prayer on Monday evening and leave after breakfast on Friday morning. Enjoy three star accommodation. Full board provided. 10% discount for sharing a room. Supplement for en-suite bath/shower. The College has 8 acres of ground. Walk or hire a bicycle and cycle round the island (10 miles) and enjoy spectacular scenery and wildlife.

### **Daily Timetable**

8.30am	Morning Prayer in The Cathedral of The Isles
9am	Breakfast in the Refectory
10am	Seminar on Church History/Theology/Biblical Studies in the Library
11am	Morning Coffee in the Common Room followed by discussion
12noon	Eucharist in The Cathedral of the Isles
12.30pm	Light Lunch in the Refectory
	Afternoon free for reflection/recreation
5.45pm	Evening Prayer in The Cathedral of the Isles
6.30pm	Three course Dinner in the Refectory
9.30pm	Compline in The Cathedral of The Isles followed by silence

Cost from £226.50 Full Board (£407 sharing)

Please send a deposit of £50 per person to book your place. Please make cheques payable to *Island Retreats Limited* or complete your credit card details on the attached form. Full payment is required three weeks before commencement of the retreat - by Monday 25 June 2012.

For further information contact David Todd, Warden, at the address above.

# The College of The Holy Spirit The Cathedral of The Isles, Isle of Cumbrae

## Open Retreat 2012 Application Form

Title.....	Forename.....	Surname.....
Address.....		
.....		
.....		
.....		Postcode.....
Telephone No.....	Email.....	

<b>OPEN RETREAT (4 NIGHTS)</b>	Monday 16 to Friday 20 July 2012	Please ✓
Standard Single	£226.50	<input type="checkbox"/>
En-suite Single (limited availability)	£246.50	<input type="checkbox"/>
Standard Double/Twin for two people	£407.00	<input type="checkbox"/>
En-suite Double/Twin for two people (limited availability)	£443.00	<input type="checkbox"/>
<b>Special Dietary Requirements</b> .....		
.....		
.....		

<b>Non-refundable deposit of £50 per person</b>			
I attach a cheque for £50.00/£100.00* made payable to Island Retreats Limited*			
Please debit my Debit/Credit Card* with £50.00/£100.00*			
<i>* Please delete as appropriate</i>			
Name on Card:	<input style="width: 100%;" type="text"/>		
Card Number:	<input style="width: 25px; height: 20px;" type="text"/>	<input style="width: 25px; height: 20px;" type="text"/>	<input style="width: 25px; height: 20px;" type="text"/>
Valid From:	<input style="width: 40px; height: 20px;" type="text"/>	Expiry Date:	<input style="width: 40px; height: 20px;" type="text"/>
3 Digit Security Code (on reverse):	<input style="width: 25px; height: 20px;" type="text"/>	<input style="width: 25px; height: 20px;" type="text"/>	<input style="width: 25px; height: 20px;" type="text"/>

Please return this form to: David Todd, Warden, The College of The Holy Spirit  
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